



# CDR Activity Type Selection Quick Sheet

Practitioners may use this Quick Sheet for help selecting Activity Types when manually recording CPE activities in their Activity Logs but **must reference [CDR CPE Activity Type Definitions](#) to ensure CPE activities meet all requirements.** This Quick Sheet does not include Activity Types that are available by Auto Entry only.



Class taken at a university accredited by a USDE recognized accrediting agency	Any	100: Academic Coursework
Offered by a Jointly Accredited Provider	Any	102: CE Offered by Jointly Accredited Providers
Self paced learning	2025-2029	101: MOOC, 175: Recorded Pre-Approved, 200: Professional Reading, or 700-740 Self-Study
	2030 or later	101: MOOC, 175: Recorded Pre-Approved, 200: Professional Reading, or 741/742: Enduring
Intensive program with assessment that does not result in a professional designation	Any	120: Certificate Program
Live learning (in person or virtual)	2025-2029	110: Case Presentations, 130: Exhibits, 140: Experiential Skill Development, 150: Interactive Workshop, 160: Journal Club, 170: Live Lecture, 171: Live Webinar, 180: Posters, or 230: Study Group
	2030 or later	161/162: Journal Club, 172/173: Live, 181/182: Posters, 231/232 Study Group
Precepting or holding an elected or appointed position	Any	190: Professional Leadership
Serving as an expert	Any	191: Expert Work
Required by state licensing board	Any	192: Topic-Specific CPE Required for Licensure
Serving as the sole, principal, or co-investigator for primary research	Any	205: Research
Post-baccalaureate residency or fellowship activity	Any	210: Residency or Fellowship Program
Established contract with an expert to enhance competence	2025-2029	220: Sponsored Independent Learning
	2030 or later	220: Mentorship Recipient
Series or courses or examination that results in a professional designation	Any	260-641: Certifications